

Virtual Care through ECU HealthNow

ECU HealthNow connects you with board-certified telehealth providers 24/7 by phone or online through our partnership with MD Live. Whether you're at home, at work, your doctor's office is closed or you are uncomfortable driving in the snow, you can get care anytime, anywhere. ECU HealthNow providers can diagnose your symptoms and send prescriptions to your pharmacy of choice, if needed.



Access Free Care

Access ECU HealthNow for **free** if you are enrolled in an ECU Health medical plan.

Common conditions treated

Virtual care is a great option when you need treatment for non-emergency medical conditions, such as:

- ▶ Allergies
- ▶ Cough and sore throat
- ▶ Ear and eye problems
- ▶ Fever
- ▶ Flu
- ▶ Headache
- ▶ Insect bites
- ▶ Nausea
- ▶ Rash
- ▶ Respiratory problems
- ▶ Urinary problems/UTI
- ▶ Vomiting

Behavioral Health services

Behavioral Health services are available through ECU HealthNow for you and your dependents ages 10+ covered under the medical plan. These services include support in navigating:

- ▶ Child behavior and adolescent issues
- ▶ Loss and grief
- ▶ Financial hardship
- ▶ Relationship issues
- ▶ Parenting struggles
- ▶ Workplace challenges
- ▶ Stresses of everyday life

Get started

Sign up and activate your account using one of these three easy ways:

1. Visit ECU HealthNow at members.mdlive.com/ecuhealth/landing_home*
2. Call **888-894-0199** toll-free
3. Download our mobile app available on the **Apple App Store** and **Google Play**

* You must use this unique link to establish your account and facilitate claims.



ECU HEALTH

Total
Rewards